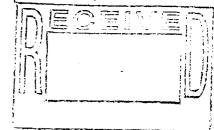


90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480

2541 '00 '10V -6 P2:09 September 19th, 2000

Office of Special Nutritionals Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C Street, SW (HFS-450) Washington, D.C. 20204



Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Sele "100"/"100" Chro supplement under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest. Heartland, Herbal Authority, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, US Nutrition, Vitamin World:

- Selenium is an essential trace mineral that plays many important roles in the body, including as a component of the antioxidant enzyme, glutathione peroxidase.
- Selenium helps to protect cells from the harmful effects of free radicals and helps support the immune system.
- Chromium plays a role in fat metabolism and the release of energy from cells.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD

Director of Nutrition Communications

975-0162